

MINUTES - final

ESSEX AND SOUTHEND LINK: NORTH EAST ESSEX LOCALITY GROUP

Date and Time Monday 12th October 2009
Location Quaker House, 6 Church Street, COLCHESTER, Essex, CO1 1NF
Organiser Charlene Gordon

Attendees: Keith Biggar (chair), Gabriela Horecka (minutes), Dorothy Henderson (Colchester Soroptimists), Peter Dennis, Shaun Moffat (RNIB, PNF, CAAG, POSCOMM, VDPG), Clare Walker (Autism Anglia), Harry Young (MIND, Involving Essex, Governor NEPFT), Vibha Osbon (TACMEP), Marguerite Crunden, Linda Jewsbury - Diabetes Commissioning Manager (speaker), Charlene Gordon (LINK), Nileema Vaswani (LINK)

Apologies: Carolan Jackson Chair, SAFE (Supporting Asperger Families in Essex) and ASAP (Asperger Syndrome Adults and Parents), Tony Constable, Jim Green (Openroad), Joanne Keys (Autism Anglia), Marguerite Jenkins, Moshud Ali (TACMEP), Hazel Law, Reg McKenna, Barry Gilheany

	Topic	Discussion	Action who/when
1	House - keeping		
2	Welcome and introductions	The Chair welcomed the group and everybody introduced themselves.	
3	Declarations of interest	None	
4	Minutes of last meeting	<p>These were agreed as correct (apologies to be added). There was a request to provide more explanations of acronyms.</p> <p>Matters arising:</p> <p>3. Proposal for conference on Social Care – to be followed up There is to be a county wide meeting on the 2nd December 2009 at Brentwood details TBC.</p>	<p>GH GH</p> <p>KB/GH</p>

		<p>4. 2 The project proposal put forward at the last meeting re Point of Diagnosis by Shaun has been forwarded to Wei Yeung (LINK Policy Officer based at CEMVO Stratford).</p> <p>4. 4 there is to be a meeting regarding the national publicity launch for LINK on 28th October 2009.</p>	
5	Conference on Dual Diagnosis	<p>This is to be held on 1st December 2009 from 12.00pm to 4.30pm at the Trinity Methodist Church, Rainsford Rd, Chelmsford, CM1 2XB. (No publicity as yet while speakers are being finalised).</p> <p>Dual diagnosis is where a person has both a drug addiction issue and a mental health issue. Keith reported that there is a big demand for treatment. The former contact Yvonne Srinivasan had now left and the chair of the dual diagnosis co-ordinating group is Dr Catherine Leek but no new co-ordinator is in place. Mike Chapman was another contact who Reg McKenna had met with. Harry will contact Reg so the trust is pressed to act.</p>	RM KB GH
6	Patient Commissioning Forums	<p>Marguerite reported that the last Colchester and Tendring Patient Commissioning Forum (North East Essex NHS Primary Care Trust) meeting at Colchester on 6th October took the subject of alcohol abuse and looked at treatment options. This had been a good meeting chaired by Matt Bushell (Director of Strategic Development & Commissioning) who would send minutes of that meeting to LINK for circulation.</p>	
7	Essex University Outreach	<p>Gabby and Varsha attended a Freshers Fair at the campus on 10th October 2009, when 45 LINK forms were completed. Nileema reported that other Freshers Fairs had been attended by LINK staff.</p> <p>Gabby to contact the university/Patricia Cassidy about someone from the University attending the Patient Commissioning Forum.</p> <p>Keith reported that the Open Road Centre, Colchester worked with university students and those aged 16-25. Other places were to be targeted (6th form college/adult community college) as there was a lack of knowledge in this age group.</p> <p>It was suggested that Connections would be a good partner for LINK to work with. The needs of international students were raised as an issue and also hate crime.</p>	GH GH
8	Presentation	<p>Linda Jewsbury, Diabetes Commissioning Manager, North East Essex NHS Trust, and specialist nurse practitioner, described how a new ring binder on Diabetes had been developed. http://www.northeastessex.nhs.uk/default.aspx.locid-0c9new00a.Lang-EN.htm</p> <p>Previously, information for patients diagnosed with diabetes was poor or patchy. Linda had set up a working group to produce a folder based on a previous version which had cost pence but had been poorly received. Linda had networked with the National Diabetes Team to get copies of best practice. A ring binder format was chosen to allow updating of information</p>	

		<p>There are 13,200 people diagnosed with diabetes in North East Essex. 14,000 copies of the binder had been ordered at a cost of £2.50 each. They were available free to patients at ALL GP surgeries and via other organisations and had been advertised in the four local free papers.</p> <p>Linda had organised meetings for practise nurses to explain the packs and promote their distribution. Where it was found that packs were not being given out by GP practises Linda was following these up with a personal visit.</p>
9	Q and A	<p>The pack was aimed at people with TYPE 2 diabetes but Maternity Services had slightly different packs. It was also useful for people with TYPE 1 diabetes and there was an <i>additional</i> leaflet available for men. Currently there was no pack available for children as a number of agencies would be required to coordinate to produce a pack.</p> <p>It was suggested that it would be a good idea for a pack to be in each school so that teachers and staff were informed about diabetes. It was also suggested that voluntary group details be included in the pack and that information was needed for carers and families.</p> <p>The subject of diabetes prevention BEFORE diagnosis was raised and Linda said that pre diabetes was now a recognised stage and part of vascular checks which are to become mandatory.</p> <p>Mid Essex, West Essex and South West Essex areas were now looking to adopt something similar.</p>
10	Work Plan	<p>Charlene reported that 3 items from the plan had been completed :</p> <ul style="list-style-type: none"> • Mini conference • Diabetes briefing • University of Essex outreach <p>LINK would be going out with the mobile library until 31st December 2009.</p> <p>It was reported that a 5 year needs assessment strategy for Colchester and Tendring had been produced by Essex County Council.</p> <p>Annual Public Health Report 2008/9: http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/content/binaries/documents/PublicHealthReportV4.pdf?channelOid=null</p>
11	Election of Vice -chair	<p>Marguerite proposed Shaun Moffat, Harry Young seconded. Vote was carried.</p>
12	AOB	<p>Marguerite reported that Maternity Services Liaison Committee (MSLC) meetings had been held in children's centres which meant</p>

		<p>more people came (including mothers with babies and toddlers).</p> <p>Vibha said that there was to be a Maternity Consultation at the Primary Care Trust on the 27th October 2009.</p> <p>Shaun reported that there was to be a regional meeting at Cambridge.</p> <p>National LINK has commissioned a PR campaign – more info needed</p> <p>Members were encouraged to put forward items for the agenda.</p> <p>LINK was available to make presentations at meetings of other organisations.</p>	GH
13	Date & Place of Next Meeting	Tuesday 10th November 2009 , 5.30pm – 7.30pm Dorson House, 14-16 Orwell Road, Clacton-on-Sea, Essex CO15 1PP	
	Future Meetings	Wednesday 6th January 2010 , 2.00pm – 4.00pm, North East Essex PCT, Primary Care Centre, Turner Road, Colchester, Essex, CO4 5JR	
		Thursday 18th February 2010 , 5.00pm – 7.00pm University of Essex, Wivenhoe Park, Colchester CO4 3SQ	
		Monday 29th March 2010 , 10.00am – 12.00.pm Harwich	
		Tuesday 11th May 2010 , 2.00pm – 4.00pm, Colchester	