

## **Essex & Southend LINK**

### **Weekly e-bulletin**

**Issue 21**

**26<sup>th</sup> February 2010**

#### **LINK Social Care Seminar series 2010: Vetting and Barring**

We are delighted to inform you that the LINK will be hosting a social care seminar on **15<sup>th</sup> March 2010, 12:30-14:00, St. Cedds Hall, Chapter House, Chelmsford, CM1 1TY**

If you would like to join us for this event please email [charlene.gordon@essexandsouthendlink.org.uk](mailto:charlene.gordon@essexandsouthendlink.org.uk) and we will arrange catering appropriately

#### **Essex & Southend LINK Website goes LIVE!**

The LINK are happy to announce that the website is now live and can be accessed via <http://www.essexandsouthendlink.org.uk/> if you haven't registered with the LINK then you now can via the website, as well as keeping up to date with your localities activities.

#### **Consultation update!**

This week the LINK collectively handed in responses to the following consultations:

- NHS Car Parking; consultation on proposals
- Personal Care at Home consultation
- Delivering modern community health services - Seeking your views on proposals to create a new community provider organisation for mid and south east Essex"

As a LINK we would like to thank everyone who took the time to submit their responses to the above consultations, together we can influence and shape the delivery of the services we receive.

## Care Quality Commission Inspection

As part of ECC's inspection, the Care Quality Commission (CQC) is holding two public open forums to enable individuals to share their views on the local authority, and the services they provide.

These will take place on:

- Monday 22<sup>nd</sup> March 2010 in Chelmsford
- and
- Thursday 25<sup>th</sup> March 2010 in Harlow

These are free to attend and you do not need to book a place – you can just turn up.

If you are able I would strongly encourage you to attend as the 'voice' of disabled people in Essex needs to be heard as part of this process.

If you go to the event Mike Roberts would love to hear your thoughts about how it went, what issues were raised etc please contact him via email:

[madams@ecdp.org.uk](mailto:madams@ecdp.org.uk)

## Socialist Health Association Conferences

- **Foundation Trusts, Democracy and Public Ownership** at Toynbee Hall, 28 Commercial Street, London E1 6LS Friday on 5th March 11am-4pm. This is a paid conference, cost (includes lunch): Statutory and commercial organisations £75, Voluntary organisations £38, Socialist Health Association members £12 (includes members of affiliated organisations such as GMB, Unite and Unison who represent their union or pay their own way). Unfunded organisations and individuals please contact at 0161 286 1926.
- **Debate on Markets and Health** at Institute for the Study of Civil Society, 55 Tufton Street London SW1P 3QL on 17th March 6.30pm - 9pm. There is no charge for this event.

Booking form is available at: <http://www.sochealth.co.uk/confs/Booking.htm>

## Essex Disability Sport Academy Showcase Days

### Harlow

Date: **Saturday, 20th March 2010**

Venue: **Mark Hall Sports Centre, London Road, Harlow, Essex. CM17 9LR**

Time: **10am - 4pm**

### Southend

Date: **Sunday, 28th March 2010**

Venue: **Southend Leisure & Tennis Centre, Garon Park, Southend-on-Sea. SS2 4FA**

Time: **10am - 4pm**

These days will offer a chance for participants to try a number of disability sports as well as seeing some demonstrations from Essex athletes. All the sports on offer will be provided by clubs from within Essex to provide routes for continued participation.

With the 2012 Paralympics fast approaching this is a great time to become involved in sport. Sport is a great way to meet new people, try something new and improve skills that are used in every day life. If you are unsure what sport is for you, then why not try a few. The Essex Disability Sport Academy is a network of Sport Clubs, which can provide athletes with high quality coaching and competitive opportunities. These Clubs have experience of developing athletes and progressing through the sports performance pathways.

Whether you are an individual looking to try a sport for the first time, someone who knows someone that could benefit from participating in sport, an athlete aiming to reach London 2012 or just would like to find out more then why not come along to these **FREE** events.

If you register online, you will also be entered into a draw to win tickets to watch either the Essex Eagles or Essex Pirates. [Click Here](#) to register now or visit [www.sportessex.com](http://www.sportessex.com) for further information

### **CEMVO 10<sup>th</sup> Anniversary Celebration FREE Seminar Series**

As part of continuing 10<sup>th</sup> Anniversary Celebrations, CEMVO is hosting the following seminars:

*Patrick Vernon, Director of Afiya Trust: “**Generation to Generation: family history, cultural identity and mental well being**” at Room B202, the Brunei Gallery, School of Oriental and African Studies, Thornhaugh Street, Russell Square, London WC1H 0XG. (Nearest tube: Russell Square/ Goodge Street) on Wednesday 3rd March, 3.00pm- 5.00pm.*

To make a reservation, email [events@cemvo.org.uk](mailto:events@cemvo.org.uk).

### **NHS East of England has Non - Executive Director vacancy on its board (Ref E10534C)**

If you've gained senior level Expertise in the private, public or voluntary sectors, NHS East of England offers an exceptional opportunity to put your talents to use by making a positive difference to the lives of people in your community. For an informal discussion with the Chair, Keith Pearson, please contact his PA Sandra Hobbs on 01223 597 626. The time commitment is a minimum of two and a half days each month and the remuneration is £7,882 per annum. The closing date for applications is 25th February 2010 at noon and interviews will be held on 3rd March 2010.

For more information, and to apply online please visit the website [www.appointments.org.uk](http://www.appointments.org.uk). Alternatively you can call 0870 240 3802 to request an alternative format such as braille, large print and audio.

***This week's hot topics in the news***

**Assisted suicide**

To find out what the law says and if it will change please go to  
<http://news.bbc.co.uk/1/hi/health/8270302.stm>

**NHS money 'wasted' on homeopathy?**

<http://news.bbc.co.uk/1/hi/health/8524926.stm>

**Hughes syndrome 'sticky blood'**

To gain a better understanding of Hughes syndrome otherwise known as 'sticky blood' please click on the following LINK

<http://www.bbc.co.uk/health/conditions/hughessyndrome1.shtml>