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Essex and Southend LINK
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**YOU can
help
improve
social &
health care
in your
area**



What is the Essex & Southend LINK?

LINK stands for Local Involvement Network – a network of individuals, groups and communities, working together to improve local health and social care services.

Essex & Southend LINK covers all of the districts of Essex County Council (ECC) and Southend-on-Sea Borough Council (SBC). You are a member of/participant in the Essex & Southend LINK if you are a citizen of these local authorities or a user of health and social care services within these boundaries.

What does your LINK do?

The Essex & Southend LINK gives its members/participants the opportunity to speak with a strong, influential, local voice by:

- Supporting people to say what they think of local health and social care services, what is good and what needs improving
- Giving people the chance to suggest ideas to health and social care professionals which may improve services
- Training people to carry out checks, when necessary, to see if services are working well, and
- Getting attention for neglected issues and ideas.

NB *It is unable to deal with individual complaints, but can signpost complaints to the appropriate place and will log complaints which may point to, or inform, policy issues.*

Why should I get involved?

- Were you happy with the treatment and service you received last time you saw your GP, went to a hospital or received any sort of health care?
- Are you happy with social care services you, your family and friends receive?
- Have you, your family or friends got some or many health and/or social care needs?
- What difficulties do you experience or know about to do with health and social care services and what would make them better?

If any of the above questions are of interest to you, then you can contribute to the work of the LINK, make a difference and help us improve our health and social care services.

Who can be involved?

Anyone and any group can take part in the LINK's activities. Some people will have wide interests and time and energy to offer. Others may have specific interests and very little or no time available. Whatever your situation and views, YOU are an equal participant!



This information is available in other formats.

Finding out more

If you would like to register to receive regular information about the LINK's activities and meetings please complete this form and return it to the Freepost address provided. Alternatively you can register online or by phone.

Registering with Essex & Southend LINK

Data Protection Act

The information collected on this form will be retained on a database by Essex & Southend LINK (CEMVO) and will be used for collating data for statistical purposes. We may also use your contact details to send you information which may relate to meetings and events which may be of interest to you.

If you do not wish to receive information please tick this box

Title:

Name:

Address:

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Postcode:

Telephone:

Mobile:

Email:

If you give an email address we will use this method to contact you unless you tell us otherwise.

Signature:



Detach, moisten and seal here