

## Essex & Southend LINK

### Weekly e-bulletin

Issue 24

19th March 2010

#### **LINK starts to Enter & View**

Appointed Authorised Enter & View Representatives have started to look at the way patients are looked after in the discharge lounges as part of the countywide Discharge from Hospital project. Visits have taken place to Colchester General Hospital and Broomfield Hospital, Chelmsford with the other three hospitals being visited over the next few weeks. Look out for details of our initial findings in the next newsletter.

#### **Social Marketing Workshop – 1<sup>st</sup> April**

Please see the attachment (East 2) for details of the above workshop in Cambridge. Attendance is limited to 2 people **per LINK** – 1 member of staff is attending from CEMVO leaving 1 space for a member. Please advise Nileema Vaswani if you would like to attend by Wednesday 24<sup>th</sup> March – especially if you have a communications background

#### **National mental health conference – Post Traumatic Stress Disorder**

Please see the attached poster for booking details of this one day conference on 23<sup>rd</sup> June 2010 in Southend.

#### **The NHS Constitution: securing the NHS today for generations to come**

The Department of Health published a consultation on new patient rights on 10th November 2009. The consultation closed 5th February 2010.

Over 8,000 people responded to the consultation which involved both local engagement activities carried out by PCTs and a national consultation process. Following the consultation, a revised NHS Constitution has been published, including a new right to start non-urgent treatment within 18 weeks and to see a specialist where cancer is suspected within 2 weeks of referral, or for the NHS to take all reasonable steps to offer a range of alternative providers where this is not possible. This new right comes into effect on 1st April 2010.

Attached below is a link which will give you more information on these new rights and the NHS Constitution.

[www.dh.gov.uk/en/Healthcare/NHSConstitution/DH\\_093184](http://www.dh.gov.uk/en/Healthcare/NHSConstitution/DH_093184)

### **Colchester CVS Funding support**

See the attached document for further details of funding opportunities available to groups in the Colchester area.

### **Richmond Fellowship – Senior Employment Advisor**

The IAPT (Improving Access to Psychological Therapies) service is moving into Mid Essex – see the attached job description for more information.

### **World Mental Health Planning Day**

The first World Mental Health planning day meeting will now take place on **Monday 26th April 2010 at 10.00** *this is due to the special Basildon Forum taking place on the original date of 29th March.*

Please contact Mark Dale, Chairman; Basildon Mental Health forum 07727 924130 or 07531 281682 if you would like to attend.

These dates were previously circulated

MARCH 29 <sup>th</sup>	JULY 26 <sup>th</sup>
APRIL 26 <sup>th</sup>	AUG 23 <sup>rd</sup>
MAY 17 <sup>th</sup>	SEPT 27 <sup>th</sup>
JUNE 28 <sup>th</sup>	

In Essex, World Mental Health Day is a particularly important date and it's a valuable resource for us all to get together and create an event not to be missed. If you need more information Gabriela Horecka's contact details are below and she will be pleased to discuss this with you.

Telephone: 01245 490 733

Email: [gabriela.horecka@essexandsouthendlink.org.uk](mailto:gabriela.horecka@essexandsouthendlink.org.uk)

### **Update from Care Quality Commission**

Please see the attachment to find out about important changes taking place from 1<sup>st</sup> April 2010.

### **Global Gala on 3 May 2010**

LINK is to have a stall at the Global Gala. If any member would like to help out at this **FUN** day please contact Gabriela Horecka – see contact details above.

The event itself will celebrate culture and the communities that live in Essex who create it. It will be a diverse event for people of all ages. In addition to the

information tent there will be a main stage with performances of dance, music and storytelling; a workshop tent will have dance and music activities for people to have a go at; and there will be seven cultural tents – 2 x Indian, Chinese, Polish, Gypsy, Essex and African Caribbean, with food and cultural activities inside for people to enjoy. For more information about the Essex One World Festival see the attached link: [www.oneworldfestival.org.uk](http://www.oneworldfestival.org.uk).