

Involvement with your LINK

The Essex and Southend LINK have decided on exciting project proposals which are underway as of now! If you have some free time and want to get involved then please contact wai.yeung@essexandsouthendlink.org.uk expressing your interest and specifying the programme of interest.

Become empowered to affect real change in health and social care!

Overview and Scrutiny Committees (OSCs) scrutinise the delivery of health and social care in a local authority area. They have the statutory power to bring publicly funded health and social care providers (e.g. Primary Care Trusts) and commissioners to account. The OSCs are made up of councillors and other nominated members such as representatives of local communities.

Overview and Scrutiny Committees are Open to the Public

Overview and Scrutiny Committees represent a platform for the public and local communities to become engaged in the process of making and monitoring change.

How can I get more information or get involved?

The Essex and Southend Local Involvement Network is looking for a “team” of 6 representatives to attend the following Essex County Council meetings:

- Community Wellbeing and Older People Policy & Scrutiny Committee
- Children Young People Policy & Scrutiny Committee
- Health Overview & Scrutiny Committee

For further details, please contact:

Wai Yeung - Policy & Research Coordinator on 020 84320012 (Mon & Tues), 01245 490733 (Wed to Fri) or email wai.yeung@essexandsouthendlink.org.uk

East of England Regional Alcohol Harm Reduction Conference

Wednesday 19th May 2010

Stoke By Nayland Hotel, Golf and Spa, Keepers Lane, Leavenheath, Colchester, Essex, CO6 4PZ,

Further information can be found at:

<http://www.alcohollearningcentre.org.uk/Events/eventsList/EventDetail/?eventID=513>

Improving treatment and rehabilitation for major trauma patients

Major trauma has a high personal impact on patients and families, and the challenges of providing high quality care multiply when patients have to be moved between different hospitals for treatment. In light of this, as you may also know, the Department of Health has recently taken steps to re-organise major trauma care into specialist centres.

As part of these changes, the **Major Trauma Improvement Forum** has been launched and can be accessed at www.majortrauma.net. The aim is to give patients, families, carers and professionals, as well as organisations or groups who represent patients and professionals an **opportunity to influence the improvement of major trauma care**. The Office for Public Management (OPM) has been commissioned by the Department of Health to set up this forum to support the developments lead by Prof. Keith Willett to improve major trauma care.

Participating in the forum will involve responding to no more than four brief online surveys over April and May, though there are also other opportunities to take part including online discussion forums if you or your contacts would like to be more involved. Please take a moment to visit and register with the Forum at www.majortrauma.net. On doing this you'll be invited to take part in the first survey which will ask for you/your organisation's views on and experience with the different **stages of major trauma care** – from initial contact with emergency services and receiving acute trauma care through to specialist and general rehabilitation.

Chelmsford disability sports launch day 27th May 2010, 10:00am-2:00pm

Are you a disabled person who wants to get active but doesn't know where to start? Or a sports/activity provider who wants to help get disabled people active? If so see the attached flyer for this event and register for what promises to be an informative event.

Making Involvement Matter in Essex (MIME)

Mental Health is everybody's business - 1 in 4 people will need help at some time in their lives. If you have used specialist mental health services, asked your GP for help with conditions like stress, anxiety or depression or care for someone with a mental health condition then you have information decision makers need to hear.

MIME are holding a well being workshop looking at 'the future of mental health in Essex' SATURDAY 8th May 11.00am - 3.00pm The Chapter House, Chelmsford – for further details please see attached flyer.

3rd Sector Futures

Anglia Ruskin University are holding a series of third sector courses throughout the spring, a programme is attached if you are interested in attending.

March for Justice 2012 by India's dispossessed

Come for a day of films made in India that are being screened as a part of the **March for Justice 2012** campaign. **March for Justice 2012** supports the non-violent protest by 100,000 landless people planned for 2012. The march on Delhi is being organised by Ekta Parishad a long-term AVI partner. Please see the attached documents for a flyer of this event and a letter for background information.

Stroke Conference

Cardiac and Stroke Network in collaboration with 'Equip' are holding a conference at the Five Lakes Hotel Golf and Country Club, Tolleshunt Knights, Maldon on the 7th July 2010. Booking form will be sent out after 12 May 2010. For more information please see attachment.

National Survivor User Network

This organisation aims to create a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice. Please see attached their latest newsletter with job opportunities recently released.

Carer awareness seminar 18th May

For those who come into contact with informal carers on a regular basis, such as employees of health care trusts, voluntary organisations, care providers, community agents and local authorities. Content will be relevant to the practitioners, support worker and receptionist alike. Please see attached the flyer for this event.