

Essex & Southend LINK

Weekly e-bulletin

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07th

Involvement with your LINK

The Essex and Southend LINK have decided on exciting project proposals which are underway as of now! If you have some free time and want to get involved then please contact wai.yeung@essexandsouthendlink.org.uk expressing your interest and specifying the programme of interest. For further information on the projects, please visit <http://www.essexandsouthendlink.org.uk/?p=641>

Jobs at Essex and Southend LINK

Essex and Southend LINK is recruiting of following two posts:

Essex & Southend LINK Out of Area project worker to research & coordinate all Essex and Southend LINKs cross border and out of area health & social care issues & activities. Fixed term contract until March 2011.

Locality Feeder Groups Facilitator - part of the Mental Health & Substance Misuse programme to setup and help facilitate a number of local groups across Essex and Southend for people with mental health and/or substance misuse problems, their carers and family members. Fixed term contract until March 2011.

For more information please see attached flyers.

Brentwood Health Week

Brentwood Borough Council is celebrating Brentwood health week from 24th May to 30th May. To mark the occasion they have planned Healthy High Street Day on 29th May between 10am and 4pm and Family Fun Day on 30th May at Weald Park 11-4pm.

For more information, please see attached flyer.

The Stroke Association's Community Voices project

The Stroke Association is organising a series of networking events. These events will be an opportunity for all those who are or wish to be involved in influencing stroke services to meet people from different areas, discuss experiences and tell them what improvements need to be made. The first event will be taking place in Central London (Waterloo) on **26th May** beginning at 10.30am and finishing at 3.30pm. This event will include participants from London, Anglia, Essex, Bedfordshire, Hertfordshire, Surrey, Kent and Sussex and if any of you would like to attend please fill out the online form by 14th May available on weblink;

http://www.stroke.org.uk/campaigns/community_voices/networking_event.html

Lunch will be included and attendees will be able to claim up to £30 for travel expenses.

Southend University Hospital NHS Foundation Trust

Need to know more about the way your hospital works? The governors of Southend Hospital are holding a series of

meetings for members and the general public every month over the next year. Each meeting will be at a different venue and will feature a talk by a clinician and an executive. At every meeting there will be an opportunity for questions. **Free admittance and refreshments on arrival.**

‘Keeping your finger on the pulse’: Thursday 13 May, 7.00-8.45pm: Assembly Hall, Chase High School, Prittlewell Chase, Westcliff on Sea, SS0 0RT

‘Day Stay Services’: Presentation by Dr R Khan

‘The Hospital’s Plans for the Future’: Presentation by John Gilham, Chief Executive; Friday 4th June, 1.00-2.45pm: Greensward Academy, Greensward Lane, Hockley, SS5 5HG

‘The Hospital’s Plans for the Future’: Presentation by Malcolm McFrederick, Director of Operations

‘Service Improvement Project’: Presentation by Chris Cole and Liam Slattery

The Southend Ethnic Minority Forum

The Southend Ethnic Minority Forum are hosting a Health Fair on Saturday **15th May**, starting at 10am (lunch provided) at Southend High School for Boys, Prittlewell Chase, Westcliff on Sea, Essex, SS0 0RG.

There will be presentations from hospital consultants and other health professionals on a range of subjects, including Angina, Arthritis, Paediatrics, Colon Conditions and Smoking. All are welcome!

For more information contact Sandra Wilkes on 07932 721570 or
email: sandrawilkes@hotmail.com

Rest of Essex Public Meeting

South Essex Partnership University NHS Foundation Trust (SEPT) is holding a meeting for all members and local people, who have an interest in mental health services and carers issues. The topic is *Mental Health Services in the Essex area and to talk about SEPT's forward plans*.
Speaker: Dr. Partrick Geoghegan OBE, Chief Executive.
Also 'The County Hotel' Chef will give a cookery demonstration featuring healthy dishes for mental and physical wellbeing.

The meeting will take place on Wednesday 19th May 2010 at The County Hotel, Rainsford Road, Chelmsford, Essex CM1 2PZ. Doors open at 18.30; cookery demonstration 19.00 meeting start at 19.30.

To book a place ring FREEPHONE No. 08000232059.